



Membership Information **Hand Book**

**INDIAN
MEDICAL
ASSOCIATION**
Kerala State Branch





INDIAN MEDICAL ASSOCIATION Kerala State Branch

Membership Information **Hand Book**



Dr. Joseph Benaven
State President
IMA Kerala



Dr. Sasidharan K.
State Secretary
IMA Kerala

Dear Colleagues,

Greetings from the Indian Medical Association Kerala State Branch!!

The Indian Medical Association is the largest professional organization in the world with more than 4 lakh members, spread over 1750 branches across the country. Kerala State Branch with a membership of 40567 is the most vibrant of all the State branches, credited to its continuous collective leadership and excellent organisational structure.

Indian Medical Association Kerala State Branch has successfully implemented a number of member friendly schemes to help the members and their families. The State branch has also numerous projects to it's credit, the flagship among them being IMAGE (IMA Goes Eco-friendly), the largest Biomedical Waste Management System in the country. IMA is also actively involved in community and social service activities through its 108 branches. However the main focus of the Association remains the welfare of its members and the concerns of the profession.

It's our endeavor to bring all the doctors of modern medicine under the umbrella of the Indian Medical Association to build a strong and vibrant organization capable of safeguarding the interests of the medical fraternity. We welcome each one of you to be a part of the IMA family, to participate, to contribute and to benefit by becoming a member of IMA and its various schemes.

IMA Kerala State Branch has declared 2024 as the "**Year of Young Doctors**" and has been working on many programs to support young doctors.

We were happy to inform you that IMA has launched its membership campaign, "**Membership Dhamaka 50K**" offering very attractive discounts across various categories and to young doctors in particular. The campaign will run from 04.01.'24 to 31.03.'24. The application process is simple and seamless and the details are available on www.imakerala.com.

This booklet will give an overview of the various branches and schemes and projects of IMA Kerala State Branch.

We welcome you to join and become active members of the IMA, for the present and the future.

Together Let Us "Celebrate Fraternal Fellowship".



Dr. Joseph Benaven
State President
IMA Kerala

With best regards



Dr. Sasidharan K.
State Secretary
IMA Kerala

Why should I join IMA...

- ◆ To be a part of the largest professional organization in the world
- ◆ Offers the strength, security and safety of Unity
- ◆ Membership privileges
- ◆ Academic events to update knowledge and skills
- ◆ Opportunity to serve community
- ◆ Enjoy the camaraderie and fellowship of the fraternity
- ◆ Protection against abuse and violence
- ◆ Benefits of the various schemes
 - Professional Indemnity
 - Social Security
 - Hospitalization assistance
 - Disability Support
 - Retirement benefits
- ◆ Opportunities and privileges for women doctors
- ◆ Employment assistance through Job Portal
- ◆ Innovation and Entrepreneurship Development Initiatives
- ◆ Support and assistance for emotional well-being
- ◆ Hand holding of medical students and young doctors
- ◆ Participation in cultural and sporting events
- ◆ Access to IMA guest houses across the country
- ◆ Innumerable benefits of united strength

HOW TO JOIN IMA

Any person registered with any of the Medical Councils in India on the basis on the medical qualification shall be eligible for life membership of the Indian Medical Association, through one of the 110 branches in Kerala. Members are welcome to join the branches of their place of residence or employment. Inter branch transfer can be facilitated at a later date if there is a shift in work place or residence as desired by the member. (Details of the branches are attached for easy reference) Membership Application (M.A) forms are available from the local branches, state office or the IMA website www.imakerala.com. Life Membership can be Life Single as well as Life Couple. Application forms should be submitted to the local branch secretary with necessary documents who in turn forwards it to the state office from where after scrutiny, it is forwarded to the national office. Life Membership Certificate is issued by the National IMA & can be downloaded from the <https://ima.org.in/memberarea/> within a period of 2 months after submission of the membership application at the local branch. The 110 branches through which New membership applications can be submitted are:

North Zone

KASARAGOD

1. Kanhangad
2. Kasaragod
3. Uppala

KANNUR

4. Cherukunnu
5. Iritty
6. Kannur
7. Kannur Malabar
8. Kuthuparamba
9. Panoor
10. Payyannur
11. Taliparamba
12. Thalassery
13. Mattannur

WAYANAD

14. Kalpetta

15. North Wayanad

16. Sulthan Bathery

KOZHIKODE

17. Balussery
18. Feroke
19. Koyilandy
20. Kozhikode
21. Mukkom
22. Nadapuram
23. Perambra
24. Thamarassery
25. Vatakara

MALAPPURAM

26. Kondotty
27. Kottakkal
28. Malappuram
29. Manieri

30. Nilambur

31. Perinthalmanna

32. Ponnani

33. Tirur

34. Tirurangadi

35. Valanchery

PALAKKAD

36. Attappadi

37. Chittur

38. Mannarkkad

39. Palakkad

40. Pattambi

41. Themmalappuram

42. Valluvanad

43. Vaniamkulam

Mid Zone

THRISSUR

44. Amala Nagar
45. Chalakkudy
46. Guruvayoor
47. Irinjalakkuda
48. Jubilee Mission
49. Kodungallur
50. Koorkkancherry
51. Kunnankulam
52. Mulamkunnathukavu
53. Thalappilly
54. Thriprayar
55. Thrissur

ERNAKULAM

56. Cochin
 57. Cochin West
 58. Edappally
 59. Kolencherry
 60. Kothamangalam
 61. Madhya Kerala
 62. Muvattupuzha
 63. Nedumbassery
 64. North Paravur
 65. Perumbavoor
- ### IDUKKI
66. Adimali

67. Kattappana
 68. Munnar
 69. Nedumkandam
 70. Thodupuzha
 71. Vandiperiyar
- ### KOTTAYAM
72. Changanacherry
 73. Ettumanoor
 74. Kanjirappally
 75. Kottayam
 76. Pala
 77. Vaikom
 78. Travancore

South Zone

ALAPPUZHA

79. Alappuzha
80. Chengannur
81. Cherthala
82. Haripad
83. Kayamkulam
84. Mavelikkara

PATHANAMTHITTA

85. Adoor
86. Kozhencherry
87. Kulanada
88. Pandalam

89. Pathanamthitta
90. Thiruvalla

KOLLAM

91. Anchal
92. Chathannur
93. Desinganad
94. Kadakkal
95. Karunagappally
96. Kollam
97. Kollam West
98. Kottarakkara
99. Pathanapuram

100. Punalur
- ### TRIVANDRUM
101. Chirayinkeezhu
 102. Karakkonam
 103. Kazhakkoottam
 104. Kovalam
 105. Nedumangad
 106. Nemom
 107. Neyyattinkara
 108. Trivandrum
 109. Varkala
 110. Venjarammoodu



MEMBERSHIP DHAMAKKA

Upto 31.03.2024

LIFE SINGLE MEMBERSHIP

Less than 1 year

Existing Rate	₹ 16,649/-
With National Discount	₹ 10,000/-

PG / DNB students With National Discount	₹ 11,500/-
---	------------

Exclusive offer for PG/DNB: PPS Membership @ ₹ 1500/-

Upto 3 years

Existing Rate	₹ 16,649/-
Jackpot Discount (01.01.24 - 15.02.24)	₹ 11,500/-
16.02.24 to end of National Discount	₹ 12,500/-

3 - 6 years

Existing Rate	₹ 18,449/-
Jackpot Discount (01.01.24 - 15.02.24)	₹ 12,500/-
16.02.24 to end of National Discount	₹ 14,000/-

More than 6 years

Existing Rate	₹ 25,061/-
Jackpot Discount (01.01.24 - 15.02.24)	₹ 17,000/-
16.02.24 to end of National Discount	₹ 19,000/-

LIFE COUPLE MEMBERSHIP

Less than 1 year

Existing Rate	₹ 24,974/-
With National Discount	₹ 16,000/-

PG / DNB students With National Discount	₹ 17,000/-
---	------------

Exclusive offer for PG/DNB: PPS Membership @ ₹ 1500/- each

Upto 3 years

Existing Rate	₹ 24,974/-
Jackpot Discount (01.01.24 - 15.02.24)	₹ 17,500/-
16.02.24 to end of National Discount	₹ 19,000/-

3 - 6 years

Existing Rate	₹ 27,674/-
Jackpot Discount (01.01.24 - 15.02.24)	₹ 19,000/-
16.02.24 to end of National Discount	₹ 21,000/-

More than 6 years

Existing Rate	₹ 38,192/-
Jackpot Discount (01.01.24 - 15.02.24)	₹ 27,000/-
16.02.24 to end of National Discount	₹ 29,000/-

LIFE SINGLE TO LIFE COUPLE

(03.01.'24 to end of National Discount)

Existing Rate	₹ 13,125/-
With National Discount	₹ 9,844/-



Dr. Joseph Benaven
State President, IMA KSB



Dr. Sasidharan K.
State Secretary, IMA KSB

* Branch share & Working fund as applicable

Schemes of IMA

- Professional Protection Scheme
- Social Security Scheme I
- Social Security Scheme II
- Social Security Scheme III
- Health Scheme
- Professional Disability Support Scheme
- Pension Scheme
- IMAGE

Professional Protection Scheme (PPS)

AIMS

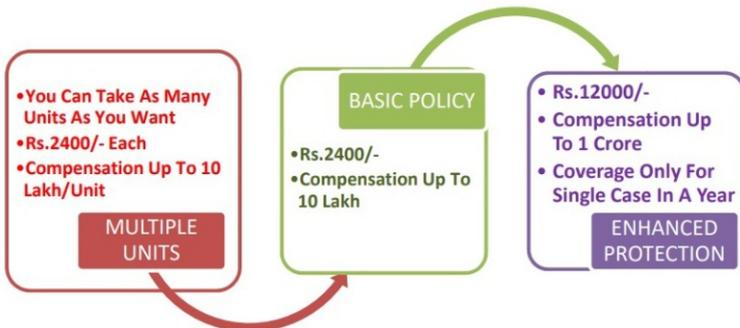
To protect and provide legal aid to members and help them in civil and criminal cases and harassment by the Visual, Print & social media.

How to Join

All those who are members of the IMA Kerala State branch can join through the online platform IConnect [<https://www.imakerala.com/>] OR Mobile App 'IConnect IMA KSB' (Android/iOS) OR Membership application forms are available with State Office bearers of IMA and the President/Secretary of IMA Branches. The Application form has to be promoted by the President/Secretary of the IMA Branch and sent to the Hon. Secretary of P P Scheme. The membership in the Scheme will be finalized only after verification of IMA membership and clearance from IMA State Headquarters.

Benefits

Litigations will be fought up to the Supreme Court of India, to uphold the dignity of Modern Medical Fraternity, subject to the decision of the Managing Committee of the Scheme.



Unique Features of PPS IMA KSB

Provides solutions for the multiple problems faced by the fraternity and deals with:

1. Consumer cases
2. Criminal cases
3. Hospital Attacks
4. Cyber bullying
5. Notices issued by various commissions like human rights commission, women's commission etc
6. Notice issued from medical councils.
7. Notice issued from higher authorities.

PP Scheme drafts reply letters, version for courts and deputed lawyers and fights the case till the Supreme court.

Hospital Protection Scheme (HPS)

Objectives

To protect the hospital

Highlights

The Scheme is liable to pay a member (hospital), maximum of Rs. 10 lakhs as damages for a single case and for more than one case in a year up to maximum of Rs. 20 lakhs. The HP Scheme coverage will be rejected if doctors without active PP Scheme membership are included in litigations.

Eligibility

All the doctors of the hospital should be members of PP Scheme.

Address for communications:

Dr. Cyriac Thomas, Hon. Secretary, PP Scheme of IMA KSB
IMA Periyar House, 3rd Floor, Door No.15/168 B7. Cubicle No.5
East Desom, Aluva, Ernakulam – 683102
Mob: 9287 274 922, 9287 274 896 (WhatsApp), 8111 916 263 (Secretary)

Social Security Scheme I

How to Join

Any Life Member of the IMA Kerala State Branch below the age of 55 years can join the Scheme.

Can join through online: www.imakerala.com

Application forms available in www.imakerala.com

Payments can be made through Cheque/DD/NEFT

Option for one time payment

Lock in Period

1 year - up to 50 years of age | 2 year - above 50 years of age

Fraternity Benefits

End of lock in period upto 5 years : Rs.10 lakhs

5 - 10 years : Rs.15 lakhs

Above 10 years : Rs.20 lakhs

If the deceased member is below 45 years or if the death is due to natural calamities or traffic accidents irrespective of the age of the person, a maximum of Rs.20 lakhs will be provided (lock in period applicable).

Disability Benefits

- If a member becomes permanently disabled and unable to practice is eligible for disability benefit.
- 20% of the fraternity benefit given as disability benefit, rest of the payment kept as FD to be payable to the nominee after the demise of member without interest.
- Final decision of eligibility will be decided by Medical Board of IMA.

Address for communications:

Dr. MOHAN ROY T., Hon. Secretary, Social Security Scheme I
IMA State Headquarters, Anayara P.O., Thiruvananthapuram – 695029.

Tel: 0471-2741244 Mob: 8289852996, 8078425244

Email: sssimaksb@gmail.com

Social Security Scheme II

How to Join

Any Life Member of IMA who is a member of Kerala State Branch below the age of 60 years on the day of joining is eligible to become a member of SSS II.

Can join through online: www.imakerala.com

Lock in Period

1 year - up to 50 years of age

2 year - above 50 years of age

Fraternity Benefits

After 10 years : Rs. 35 lakhs

5-10 years : Rs. 26.25 lakhs

Below 5 years : Rs. 17.50 lakhs

Disability Benefits

More than 10 years: 300 x net membership

5 - 10 years: 225 x net membership

From end of lock in period

but upto 5 years: 150 x net membership

Address for communications:

Dr. RAMALINGAM A, Hon. Secretary, Social Security Scheme- II
Kesavasadanam, Opp. NSS Medical Mission Hospital, Sumi Arcade,
Pandalam P.O., Pathanamthitta – 689501.

Tel: 04734 – 292847 Mob: 8547253349, 8075850336, 9447053348

Email: imasss2kerala@gmail.com, drrsdreddy@gmail.com

Social Security Scheme III

How to Join

Any life member of IMA KSB who is below 65 years can join the scheme.

Lock in Period

1 year - up to 50 years of age

2 year - above 50 years of age

Fraternity Benefits

More than 10 years : Rs. 45 lakhs

5 -10 years : Rs. 33.75 lakhs

Upto 5 years : Rs. 22.5 lakhs

Disability Benefits

The amount is calculated to 50 % of the then fraternity benefit and the rest is kept as FD to be payable to the nominee after demise without interest.

For Application Forms, Nominee Change & Duplicate Certificate

Dr. Aji P N, Hon.Secretary, SSS III IMA KSB
Door No.15/168 B8, 3rd Floor, IMA Periyar House,
East Desom, Aluva, Ernakulam-683102
Mob: 7034445788, 7511175050
E-mail: ssssimaksb@gmail.com

For Renewal Claim Forms & Other

Dr. Aji P N, Hon Secretary, SSS III IMA KSB
IMA House, IMA Village, Thattarathatta P O
Thodupuzha, Idukki 685586
Mob: 9447587644 (Personal)
E-mail: drajipn@yahoo.com

Health Scheme

How to Join

IMA Member, their spouse, parents & children can join the scheme provided they are below 65 years.

No health screening before admission

Lock in Period

1 year - up to 60 years of age

2 year - 60-65 years of age

*except RTAs, Caesarean, Transplant surgeries

Benefits of the Scheme*

Coronary Artery Disease
Renal Failure
Malignancies
Brain Tumour
Major Surgeries

Other Diseases
Critical illness with ventilatory support
Transplant Surgery
Ceasarian Section

* Conditions Apply

Address for communications:

DR.JAYAKRISHNAN B, Hon Secretary, IMA KHS
SafeCare, TIRUR - 676102
Office Ph & WA: 9539332426

E-mail : ourimakhs@gmail.com, www.imakhs.com (can download forms)

For claim related queries pl call: 8590698600

Secretary E-mail: drjay@safecare.in

Ph: 9387119618

Professional Disability Support Scheme (PDSS)

How to Join

Any life member of IMA KSB upto the age of 65 years can join.
Both temporary & permanent disability included.
No pre-joining Health Checkup required.

Benefits of the Scheme

Low Annual Renewal amount.
Both Temporary & Permanent disability is covered.
Temporary Disability: If a member is rendered disabled for >6 months.
Permanent Disability: If disability persists for > 1 year.
(Disability ascertained by a Medical Board constituted by IMA KSB)
No limit of Disability disbursement claims in a year.
Death Benefit: If no disability claim – a Lumpsum amount of Rs.50,000/- to nominee.

Membership Fee

		Admission Fee	Additional Fee	Total	
A.	Group I	60-65 Yrs	Rs.15000/-	Rs.3000/-	Rs.18000/-
	Group II	40-59 Yrs	Rs.10000/-	Rs.2000/-	Rs.12000/-
	Group III	Below 40 Yrs	Rs. 5000/-	Rs.1000/-	Rs. 6000/-

B. Annual Subscription Rs.1000/- + Additional Fee Rs.200/-
Total amount payable at admission: A+B

Address for communications:

Dr. MANISH NAIR, Hon. Secretary, PDSS
'Krishna', Near AKG Junction
Punnapra P.O., Alappuzha – 688 004
Mob: 9447187848,

E-mail: imapdssksb@gmail.com, drmanishnair@yahoo.co.in

Pension Scheme

How to Join

Any Life member of IMA KSB can join the scheme.

The members are divided into 3 groups

1. Below 45 years 2. 45-60 years 3. Above 60 years

Application form can download from www.imaksbpension.com

Benefits of the Scheme

Pension disbursed on the request of the members at time or after 60 years of age.

8% on the total pension amount in installment paid as bank transfer.

Option for the total 30% payout of total corpus amount.

Option for the family pension for the spouse.

Option to withdraw full amount with interest to the nominee

Members can avail pension only after completion of 60 years of age & eligible only after a lock in period of 5 years.

Address for communications:

Dr. SREEKUMAR SARMA G., Hon. Secretary, Pension Scheme IMA KSB
3rd Floor, Door No.15/168 B8, Cubicle No.11
IMA Periyar House, East Desom, Aluva, Ernakulam – 683102
Mob: 9645099551 (Secretary), 9846166565 (Office)
Email: sarmag2003@gmail.com
Off: imapensionscheme@gmail.com

IMAGE (IMA Goes Eco Friendly)

The “IMAGE” has become synonym with Biomedical Waste Management of Kerala. The biomedical waste generated from 20,000 plus healthcare establishments in the State of Kerala is managed by IMAGE(IMA Goes Eco-friendly) CBWTF of IMA Kerala State Branch. IMAGE being the largest CBWTF in India, also has the credit of managing the highest quantity of both Regular & the Covid biomedical wastes in our nation. ‘Biomedical Waste’ is the waste that is generated during the diagnosis, treatment or immunization of human beings or animals or research activities pertaining thereto. CBWTF (Common Biomedical Waste Treatment and Disposal Facility) means any facility wherein treatment, disposal of biomedical waste or processes incidental to such treatment and disposal is carried out. The segregated biomedical waste is collected, transported to the CBWTF, scientifically treated and disposed at the IMAGE Plant at Palakkad in strict adherence to the Biomedical Waste Management Rules 2016 [as amended till date].

Address for communications:

Dr. SHARAFUDHEEN K.P., Hon. Secretary, IMAGE
(Indian Medical Association Goes Eco-friendly)
Administrative Office, IMA State Headquarters,
Anayara P O, Thiruvananthapuram - 695029
Email: imageimaksbtvm@gmail.com
Tel: 0471-2742211; 0471-2741188; 0471-2743166
Mob: 96569 93339 (IMAGE Front Office)

Professional Equipment & Employment Protection Scheme (PEPS)

PEPS is a scheme of IMA, registered under Travancore Cochin Literary, Scientific and Charitable Societies Registration 12th Act 1955 as “Professional Equipment and Employment Protection Society”.

MAJOR AVENUES OF SERVICE

1. PEPS IMAGE INITIATIVE

(Distribution of barcoded bio medical waste collection bags & containers)

2. PEPSMED

(Medical Equipment Distribution)

3. PEPS EB

(Employment Bureau for doctors and hospitals)

4. PEPSEERVE

(Repair & service of medical equipment)

5. IMA HOSPITAL NETWORK

(Referral network system of hospitals)

6. I SAFE

(Materials & training for infection prevention & control)

7. ENSURING SAFETY

(CC camera installation)

8. PEPS SOLAR

(Roof top solar plants)

9. PEPS MEDIKIT

(Medical equipment kit)

10. PEPS ECOGUARD

(Domestic waste incinerators)

Address for communications:

Dr. AJIT BHASKAR, Hon. Secretary, PEPS
IMA State Headquarters, Anayara P.O,
Thiruvananthapuram – 695029
Tel: 0471-2741144 -Ext.249. Mob: 90748 41291
E-mail : imapeps@gmail.com.

Nammude Arogyam

Nammude Arogyam magazine is being published regularly by IMA-KSB. This magazine helps in bringing the general population closer to the medical community. It helps in educating people regarding their health problems.



INDIAN MEDICAL ASSOCIATION

Kerala State Branch

IMA നമ്മുടെ ആരോഗ്യം

ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ പ്രസിദ്ധീകരണം

വരിക്കാരാവാൻ നിങ്ങൾ ചെയ്യേണ്ടത്

താഴെ കാണുന്ന QR കോഡിലോ അക്കൗണ്ട് നമ്പറിലോ വരിസംഖ്യ ട്രാൻസ്ഫർ ചെയ്ത ശേഷം ട്രാൻസ്ഫറിന്റെ വിവരങ്ങളും പൂർണ്ണ മേൽവിലാസവും മൊബൈൽ നമ്പറും 94 000 126 00 എന്ന നമ്പറിലേയ്ക്ക് വാട്ട്സ് ആപ്പ് ചെയ്യുക.



nammudearogyam@zimb

Account Details:

Nammude Arogyam
A/c No. 2769101002614
Canara Bank, Pettah Branch
IFSC Code: CNRB0002769

വരിസംഖ്യ

1 വർഷം : 300 രൂപ

2 വർഷം : 580 രൂപ

3 വർഷം : 850 രൂപ

IMA Kerala State Headquarters
Anayara P.O
Thiruvananthapuram 695029
Mob: 94 000 126 00
E-mail: naarogyam@gmail.com

Address for communications:

Dr. M. MURALEEDHARAN., Editor, Nammude Arogyam
IMA State Headquarters,
Anayara P O, Thiruvananthapuram - 695029
Mob: 94 000 126 00
Email: naarogyam@gmail.com



INDIAN MEDICAL ASSOCIATION

Kerala State Branch

Anayara P.O, Thiruvananthapuram 695029

Tel: 0471 2741144, 2741155

E-mail: secretary@imakerala.com

Website: www.imakerala.com